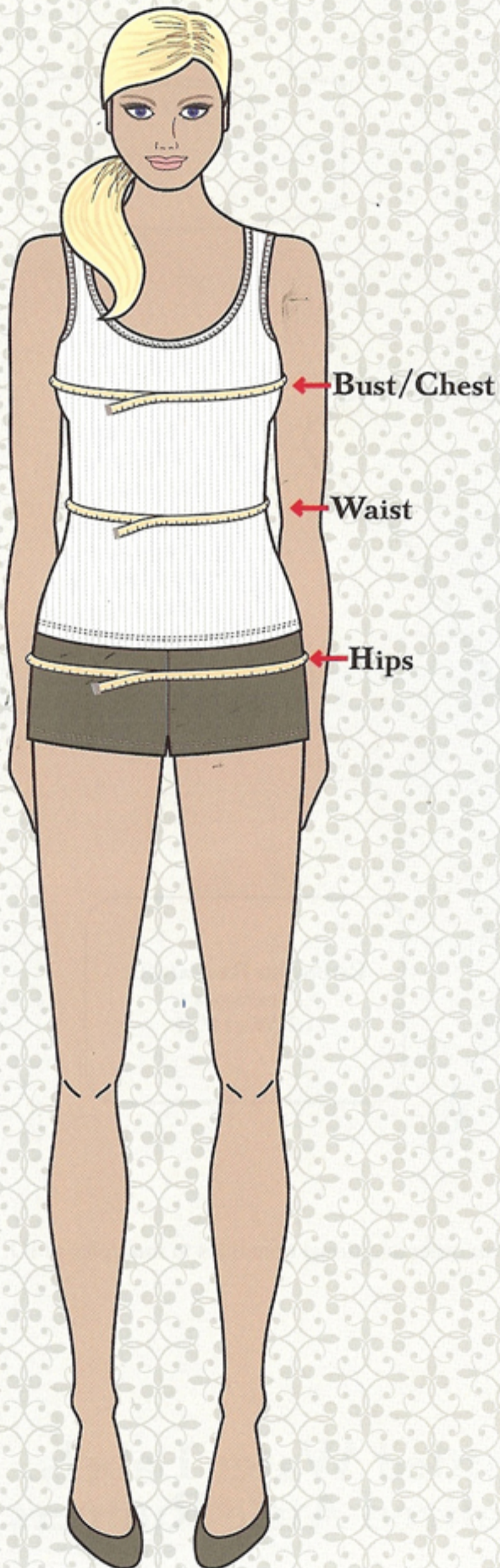


# Apparel Sizing Charts

*All manufacturers have their own sizing standards. We've provided sizing charts to insure that you get the correct size you need.*

*Please note that the measurements in the sizing charts below are body measurements. Find your body measurements to determine what size clothing you should get.*



## How to measure:

### Bust/Chest:

Have someone measure you at the fullest part of your bust/chest with arms down at your sides.

### Waist:

Again with your arms at your sides, have someone measure your natural waist, which is generally the smallest part of your torso.

### Hips:

With your feet together and arms at your sides, have someone measure your hips at the widest point, typically 7-9" below waist.